

1) Which of the following organizations have published guidelines for the treatment of Type 2 diabetes?

- A. American Diabetes Association
- B. American Association of Endocrinologists
- C. American Academy of Pediatrics
- D. A and B are correct

2) True or False: a patient with type 2 diabetes with an A1C level of 7.5% is considered at goal according to the ADA guidelines.

- A. True
- B. False

3) LS is a 67-year old male with good renal function who has just been diagnosed with diabetes. His A1C level is 7%. Which of the following medications would be the most appropriate first-line therapy?

- A. Glyburide
- B. Metformin
- C. Rosiglitazone
- D. Pioglitazone

4) All of the following are medications that increase the risk of hypoglycemia except

- A. Glyburide
- B. Glipizide
- C. Exenatide
- D. Insulin aspart

5) Which of the following fasting blood glucose levels would be in target for a patient with type 2 diabetes according to the ADA guidelines?

- A. 65 mg/dL
- B. 109 mg/dL
- C. 133 mg/dL
- D. 140 mg/dL

6) Which of the following medications is not included in the ADA algorithm's two tiers of preferred agents?

- A. Metformin
- B. Pioglitazone
- C. Basal insulin
- D. Sitagliptin

7) JT is a 50 year old male currently being treated for type 2 diabetes with metformin, glipizide, and glargine. His diabetes team has decided to add on bolus insulin to help better control his blood glucose. Which of these medications should be discontinued with the addition of aspart?

- A. Metformin.
- B. Glipizide
- C. Glargine
- D. B and C are correct

8) GLP-1 agonist reduce a patient's A1C by about

- A. 0.2-0.5%
- B. 0.5-1%
- C. 1-2%

9) Which of the following basal-bolus insulin regimens are correctly paired?

- A. Detemir-glargine
- B. Glulisine-aspart
- C. Glargine-lispro
- D. NPH-detemir

10) True or False: When initiating basal insulin, bedtime long-acting insulin is an appropriate choice.

- A. True
- B. False

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November 2011– Reviewing Diabetes Guidelines

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Achieve the stated objectives	___Yes	___No	Posttest was appropriate	___Yes	___No
Was well written	___Yes	___No	Commercial bias was present	___Yes	___No
Is relevant to my practice	___Yes	___No			

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